

Variable	Mean	SD	Min	Max
Age	30.2	4.5	18	45
Gender	0.5	0.5	0	1
Marital status	0.3	0.5	0	1
Education	12.5	1.5	9	16
Income	15.2	3.8	10	25
Occupation	1.2	0.8	0	2
Health status	1.5	0.5	1	2
Stress level	2.1	0.7	1	3
Life satisfaction	3.2	0.9	2	4
Resilience	2.8	0.6	2	3
Optimism	3.5	0.8	2	4
Self-efficacy	3.1	0.7	2	4
Emotional stability	2.9	0.6	2	3
Prosocial behavior	3.3	0.8	2	4
Empathy	3.4	0.7	2	4
Agreeableness	3.6	0.9	2	4
Conscientiousness	3.7	0.8	2	4
Neuroticism	2.5	0.7	1	3
Extraversion	3.8	0.9	2	4
Openness	3.9	0.8	2	4
Intelligence	110.5	12.5	90	130
Memory	15.5	2.5	10	20
Attention	14.5	2.5	10	20
Processing speed	13.5	2.5	10	20
Verbal ability	16.5	2.5	10	20
Nonverbal ability	15.5	2.5	10	20
Overall IQ	110.5	12.5	90	130